



مؤتمر هجر الرابع  
لطب الأسرة بالإحساء  
**HAJER**  
FAMILY MEDICINE  
Conference 24-25 April 2026  
Somewhere Hotel, Alahsa, Saudi Arabia

الجمعية السعودية  
لطب الأسرة والمجتمع  
Saudi Society of Family and Community Medicine



## ABSTRACT SUBMISSION GUIDELINES AND INSTRUCTIONS

### 1- Abstract Submission Guidelines

**Deadline: 06 April 2026**

There are two options for abstract submission either **Virtual Oral Poster Presentation** or **E-Poster**.

**Abstracts submitted for Virtual oral presentation or E-Poster should not exceed 300 words and should be structured as per the following:**

- **Only original research works related to family medicine are accepted.** Therefore, case reports and narrative reviews are not accepted.
- **Preparation:** The abstract should be a brief structured summary of the paper (300 words max.) stating the Title, Background, Objectives, Methods, Results and Conclusions.
- **Responsibility:** Authors have full responsibility for any statement submitted in the abstract.
- **Authors:** provided authors and Institutional Affiliations. List first name followed by middle initial (if applicable) then last name. Name of all authors, and then institutional affiliations. Underline the name of the presenting author.
- **Disclosure of No Conflict of Authorship:** Authors/Co-Authors should realize that abstracts will be published in booklet as submitted.
- Resubmission will not be accepted after the deadline.
- Selection of Abstracts will be based on Scientific Merit only.
- **Awards:** Abstracts will be evaluated for quality of content and presentation by panel of anonymous judged. The best presentations (Virtual Oral and E-Poster) will be awarded after the conference.



مؤتمر هجر الرابع  
لطب الأسرة والمجتمع  
**HAJER**  
FAMILY MEDICINE  
Conference 24-25 April 2026  
Somewhere Hotel, Alahsa, Saudi Arabia

الجمعية السعودية  
لطب الأسرة والمجتمع  
Saudi Society of Family and Community Medicine

## Abstract Template

- Please use 12 point Arial or Times New Roman font.
- Abstracts should be submitted by 06 April 2026 in Word or PDF format.
- The file size of the abstract should not exceed 5 MB

## 2- Abstract Submission Instructions

For Successful Abstract Submission, there are some important tips and guidelines to help with your abstract submission.

Abstracts submitted for presentation **should not exceed 300 words** and should be structured as per the following:

- Name of the topic specialty.
- Title of the abstract.
- Author: provide the names of all authors and Institutional Affiliations. Please ensure to underline the name of the **presenting** author.
- Background or introduction of the topic being addressed.
- Aims/Objectives of the topic.
- The description of the methods used should be concise and followed by the results.
- A brief discussion and/or conclusion.
- The text for all abstract submissions should be in **12pt Arial, left aligned**.
- Figures and graphs: You may include up to two image files in your abstract with a caption for each. Image files do not count toward character count restrictions.
- All abbreviations used must be described fully in the text once.
- Only two abstracts per individual submission is allowed. If same researcher wants to apply more than two abstracts, it has to be assigned to a different speaker.

**Author Disclosure** – If the abstract is accepted, the presenting author will be required to complete an online disclosure form.

-Selection of Abstracts will be based on Scientific Merit only. All selected abstracts will be presented as posters; and only 2-3 abstracts will be elected for virtual oral presentation.

-Once the abstract selection process has been completed, authors whose abstracts have been chosen for virtual oral or E-poster presentation will be notified to complete the conference registration process and will be provided with arrangement details.

- Upon acceptance of the abstract, the presenting author is required to complete conference registration and pay the applicable fees within the specified deadline.



مؤتمر هجر الرابع  
لطب الأسرة والمجتمع  
**HAJER**  
FAMILY MEDICINE  
Conference 24-25 April 2026  
Somewhere Hotel, Alahsa, Saudi Arabia

الجمعية السعودية  
لطب الأسرة والمجتمع  
Saudi Society of Family and Community Medicine



## Key Dates

- March 01, 2026 - Call for Abstracts
- April 06, 2026, 12 A.M. Saudi Arabia Time - Deadline for Abstract Submissions
- April 10, 2026 - Notification of Abstract Acceptance /Rejections

## GENERAL GUIDELINES

- Account registration is not required for abstract submission. Authors must complete the required online fields and attach the requested documents through the submission portal.
- Only original articles can be accepted.
- Once the abstract selection process has been completed, authors whose abstracts have been chosen for Virtual oral or E-poster presentation will be notified.
- Notification of rejection or acceptance of abstracts together with instructions for presentation will be notified by April 10, 2026
- By submitting your abstract, you accept that you will be the presenting author, unless otherwise indicated upon submission.
- Authors whose abstracts are selected for virtual oral presentation **are required to submit a pre-recorded video not exceeding three minutes.**

## Certificates For Participants:

Certificates of participants acknowledging your virtual oral presentation or E-Poster will be sent to the main author/presenter via email within one week after the conference, Co-authors can receive a letter confirming their contribution upon request.



مؤتمر هجر الرابع  
لطب الأسرة بالإحساء  
**HAJER**  
FAMILY MEDICINE  
Conference 24-25 April 2026  
Somewhere Hotel, Alahsa, Saudi Arabia

الجمعية السعودية  
لطب الأسرة والمجتمع  
Saudi Society of Family and Community Medicine



## ABSTRACT STRUCTURE AND DETAILS

### Title

Author name<sup>1</sup>, Author name<sup>2</sup>, ... (presenter name is bolded and underlined)

<sup>1</sup>Author's affiliation and full address: 12-point type, centered, italicized.

<sup>2</sup>Author's affiliation and full address: 12-point type, centered, italicized.

Presenter's e-mail address: 12-point type, centered, italicized.

**Introduction:** This section must include a concise description of the background and rationale for the study, with the specific objectives, questions addressed, and/or hypotheses tested. Lengthy descriptions of rationale are not necessary and not desirable.

**Method:** The Method section must describe the study design and general procedures including characteristics and numbers of participants and data collection methods. If the study does not involve primary data collection, information should be provided on the methods used to summarize previously reported data (e.g., narrative, or systematic review, meta-analysis).

**Results:** The Results section should summarize findings as they apply directly to the stated objectives of the article. If the project is ongoing and no results are available at the time of submission, please include projected results.

**Conclusions:** The Conclusions section must state specifically the extent to which the stated purposes of the article have been met or, if the study is ongoing, the potential implications (theoretical and/or clinical) of the findings.